



NM TRACK CLUB

Albuquerque's

- Only track and field focused running club

18+

Coaching

- Sprinting
- Field events
- Mid & long distance

**TUESDAYS
THURSDAYS**

Membership includes

- Written workouts
- Strength drills
- Participation in local & national competitions
- Social events

 www.nmtrackclub.com

 [nm_track_club](https://www.instagram.com/nm_track_club)

 nmtrackclub@gmail.com